

Europe Capsule Wardrobe Checklist

15 pieces · 30+ outfits · one carry-on · the 5-4-3-2-1 formula

CLOTHING — 15 PIECES

- ☐ 3 basic tees / tanks
neutrals + one stripe; merino resists odor
- ☐ 1 elevated blouse or knit top
- ☐ 1 button-down shirt
the hardest-working piece in the capsule
- ☐ 1 pair of jeans — dark wash
wearable 4–5 times between washes
- ☐ 1 pair of tailored trousers
black, navy, or tan; day-to-dinner
- ☐ 2 seasonal bottoms
summer: shorts + midi skirt / winter: pants + thermals
- ☐ 1 trench coat or packable puffer
trench for spring–fall, puffer for winter
- ☐ 1 sweater or cardigan
merino or cashmere-blend
- ☐ 1 blazer or overshirt
turns jeans + tee into a dinner outfit
- ☐ 1 versatile dress (or wildcard piece)

SHOES — 2 PAIRS ONLY

- ☐ Walking sneakers — broken in!
clean leather look; 20,000-step rule applies
- ☐ Dressier second pair
loafers / boots (cool) or sandals (summer)

ACCESSORIES

- ☐ Zippered crossbody bag
full zip, worn across the chest
- ☐ 1–2 scarves
color + chunky shoulder cover, weighs nothing
- ☐ Neutral belt
- ☐ Sunglasses
- ☐ Minimal jewelry — one day-to-night set
- ☐ Sun hat (summer) / beanie + gloves (winter)

LOGISTICS & EXTRAS

- ☐ Compression packing cubes
- ☐ Travel-size laundry detergent
sink-wash resets the capsule mid-trip
- ☐ Compact umbrella
- ☐ Universal adapter
dual-voltage hair tools only — 220–240V!
- ☐ Swimsuit — only if genuinely needed
- ☐ Underwear + socks for 7–9 days

BEFORE YOU ZIP THE BAG

- Every piece pairs with at least 3 others — if it only makes one outfit, it stays home.
- Wear your heaviest items (jeans, coat, bulkiest shoes) on the plane.
- Check your airline's carry-on size & weight — Ryanair / easyJet limits are strict.
- Leave 20% of your bag empty. You will shop. Leave room for the trip to come home.