

Beach Vacation Capsule Wardrobe

The Free Printable Packing Checklist

Around 12 mix-and-match pieces that share one color palette, fit a carry-on, and cover every moment from beach mornings to sunset dinners. Tick as you pack.

Set Your Color Palette First

2 to 3 neutrals: _____

1 to 2 accents: _____

My undertone: Warm (coral, gold, earthy) / Cool (blue, fuchsia, silver)

Swimwear (2 to 3)

- ☐ 1 flattering one-piece (pool + lunch days)
- ☐ 1 to 2 bikinis or a tankini (lounging)
- ☐ Optional: rash guard or swim top for sun

Cover-ups (2)

- ☐ 1 breezy cover-up (pareo, sarong, or kaftan)
- ☐ 1 double-duty piece (linen shirt or shirt dress)

Dresses (2)

- ☐ 1 easy day dress (sundress or slip dress)
- ☐ 1 dress-up option (maxi or midi for dinner)

Tops (3)

- ☐ 1 soft tank
- ☐ 1 relaxed tee
- ☐ 1 linen button-down (layers 3 ways)

Bottoms (2 to 3)

- ☐ 1 pair breezy shorts (denim or linen)
- ☐ 1 pair flowy linen pants
- ☐ Optional: 1 skirt

Layer (1)

- ☐ 1 light layer (cardigan or denim jacket) for cool evenings + the plane

Shoes (2 to 3)

- ☐ 1 pair flip-flops or slides (sand + pool)
- ☐ 1 dressier sandal or espadrille (dinner)
- ☐ Optional: sneakers if walking or sightseeing

Accessories

- | | |
|--|---|
| ☐ Wide-brim straw hat | ☐ Small clutch or crossbody |
| ☐ Sunglasses | ☐ Simple jewelry (salt-water safe) |
| ☐ Beach tote or straw bag | |

Sun Care + Extras

- | | |
|--|---|
| ☐ Reef-safe body SPF | ☐ After-sun lotion or aloe |
| ☐ Face sunscreen + SPF lip balm | ☐ Travel dry shampoo |

Swimsuit tip: You can't wear a wet suit twice in one day. Pack 2 to 3 so one is always drying. And pack quick-dry, breathable fabrics like cotton and linen that shake sand out easily.