

The Printable Checklist

One cohesive core of ~50 pieces you wear all year, plus a small seasonal kit. Tick what you own, then shop only the gaps.

Tops

about 10

- ☐ Basic tee (white)
- ☐ Basic tee (neutral)
- ☐ Basic tee (extra)
- ☐ Striped tee
- ☐ Camisole or tank
- ☐ White button-up shirt
- ☐ Blouse
- ☐ Light knit / fine sweater
- ☐ Chunky knit sweater
- ☐ Turtleneck

Dresses

about 3

- ☐ Little black dress (LBD)
- ☐ Easy day dress
- ☐ Slip dress

Outerwear

about 3

- ☐ Warm winter coat (wool or parka)
- ☐ Trench coat
- ☐ Lighter in-between jacket

Bags & Accessories

about 6

- ☐ Tote bag
- ☐ Crossbody bag
- ☐ Quality neutral belt
- ☐ Everyday jewelry (hoops, necklace)
- ☐ Scarf
- ☐ Hat

Bottoms

about 6

- ☐ Jeans (straight-leg)
- ☐ Jeans (wide-leg)
- ☐ Jeans (extra cut you love)
- ☐ Tailored trousers
- ☐ Midi skirt
- ☐ Shorts or denim cutoffs

Layers

about 4

- ☐ Cardigan
- ☐ Blazer
- ☐ Denim jacket
- ☐ Leather / vegan-leather jacket

Shoes

about 6

- ☐ White sneakers
- ☐ Flats or loafers
- ☐ Ankle or Chelsea boots
- ☐ Sandals
- ☐ Dressy heel or clog
- ☐ Everyday comfortable walker

Not counted in the capsule: underwear, socks, sleepwear, loungewear, activewear, swimwear.

Seasonal Add-On Kits (store in labeled bins, out of season)

Winter kit

- ☐ Insulated parka / heavy coat
- ☐ Waterproof or snow boots
- ☐ Thermal base layers
- ☐ Hat, gloves & scarf set
- ☐ Heavier sweaters

Summer kit

- ☐ Extra sandals
- ☐ Breezy warm-weather tops
- ☐ Lightweight dresses
- ☐ Shorts
- ☐ Sun hat

How to Use This Checklist

1. Shop your own closet first. Tick everything you already own.
2. Pick 2 neutral base colors + 3–4 accents so it all mixes.
3. Buy only the unticked gaps, one piece at a time. Secondhand counts.
4. Invest in the coat, boots & denim; save on tees and trend pieces.
5. Keep it lean with a one-in, one-out rule as things wear out.