

3x3 Sudoku Capsule Grid

9 pieces: 3 tops, 3 bottoms, 3 layers. Every row, column and diagonal is an outfit.

	Column 1	Column 2	Column 3
Row 1	TOP 	LAYER 	BOTTOM
Row 2	BOTTOM 	TOP 	LAYER
Row 3	LAYER 	BOTTOM 	TOP

Test every outfit line before you pack

- | | | |
|--------------------------------|-----------------------------------|--|
| ☐ Row 1 | ☐ Column 1 | ☐ Diagonal: top-right to bottom-left |
| ☐ Row 2 | ☐ Column 2 | ☐ Row 1 col 1 + Row 2 col 3 + Row 3 col 2 |
| ☐ Row 3 | ☐ Column 3 | ☐ Row 1 col 2 + Row 2 col 1 + Row 3 col 3 |

Tip: the top-left to bottom-right diagonal is Top, Top, Top, so it is not an outfit. Any 3 squares with one of each category work.

4x4 Sudoku Capsule Grid

16 pieces: 4 tops, 4 bottoms, 4 layers, 4 pairs of shoes. Rows, columns and both diagonals = 10 outfits.

	Column 1	Column 2	Column 3	Column 4
Row 1	TOP	BOTTOM	LAYER	SHOES
Row 2	LAYER	SHOES	TOP	BOTTOM
Row 3	SHOES	LAYER	BOTTOM	TOP
Row 4	BOTTOM	TOP	SHOES	LAYER

Test every outfit line before you pack

- | | | |
|--------------------------------|-----------------------------------|---|
| ☐ Row 1 | ☐ Column 1 | ☐ Diagonal: top-left to bottom-right |
| ☐ Row 2 | ☐ Column 2 | ☐ Diagonal: top-right to bottom-left |
| ☐ Row 3 | ☐ Column 3 | |
| ☐ Row 4 | ☐ Column 4 | |

Packing Checklist

Everything that sits outside the grid, plus a final check before you zip the bag.

Shoes (3 pairs)

- ☐ Casual walking pair: _____
- ☐ Polished pair: _____
- ☐ Trip-specific pair: _____

Bag and accessories

- ☐ Main bag (crossbody or shoulder)
- ☐ Small evening bag or clutch
- ☐ Belt
- ☐ Scarf
- ☐ Jewelry: 1–2 pieces
- ☐ Sunglasses

Wildcard (optional)

- ☐ Dress or jumpsuit: _____

Outside the grid

- ☐ Travel-day outfit
- ☐ Sleepwear
- ☐ Underwear and bras
- ☐ Socks
- ☐ Swimwear and cover-up
- ☐ Workout clothes
- ☐ Rain jacket or umbrella

Before you leave

- ☐ Whites are all the same shade
- ☐ Every layer fits over every top
- ☐ Only one print in the grid
- ☐ No 'just in case' extras
- ☐ Tried on every line outfit
- ☐ Photo of the grid saved on phone

How long will it last?

Weekend: 3x3 grid, fewer layers

4–7 days: 3x3 grid + 1–2 light extra tops

8–14 days: 4x4 grid, or 3x3 + one laundry day

2+ weeks: either grid + laundry every 5–7 days